

Volunteer Form

First Name _____

Last Name _____

Address _____

City/State/Zip _____

Home Phone _____ Cell Phone _____

Email _____

Experience _____

I am interested in volunteering for the following types of activities:

- Administrative/Creative – Ex. Write thank-you notes, create signs, manage bulletin board, build and update excel spreadsheets – as needed.
- Class leader for Student Volunteer Night – teach school age children about the Food Bank, assist them in filling snack bags for children, assist in one take home painting craft – once a month on Thurs pm
- Food Pick Up/Transport ** – Pick up donated food (SUV or truck), transport to Food Bank, unload. Weekly and as needed.
- Sort and Stock** - Sort donated foods, stock foods according to guidelines, check expiration dates. Weekly or as needed.
- Resource Specialist – Research and provide information to those needing additional resources for foods. Tuesday nights, 6-7:30pm
- Shopper** – Purchase needed items at local grocery stores and transport to food bank, unload.
- Bag Carrier** - carries filled grocery bags to cars for at risk customers on Tuesday nights
- Other: _____

**- requires moderate repetitive lifting of 15 lbs